



Daily Specials \$13.95

The Lighter Side

half or full sizes available
prices shown are for full

House Salad

GF \$ 10.95

wild green lettuce mix, cucumber, tomatoes, craisins, cheese blend drizzled with lemon poppyseed dressing

Caesar Salad

\$ 10.95

romaine lettuce, bacon, parmesan, fresh croutons, lemon & house-made dressing
add chicken 2.50

Taco Salad

\$ 16.95

Tuscan lettuce, Pico de Gallo, corn, cheese blend served with sour cream, house-made salsa on a crispy tortilla with house-made taco dressing
choice of chicken, beef, or vegetarian

NEW

Apple Pecan Chicken Salad

\$ 16.95

Tuscan lettuce, fresh sliced apples, candied pecan nuts, feta cheese, craisins, grilled chicken, balsamic vinaigrette

Power Bowl Salad

GF \$ 17.95

Tuscan lettuce, fresh sliced apples, candied pecan nuts, feta cheese, craisins, grilled chicken, balsamic vinaigrette.

Stir Fry

GF \$ 11.95

grilled chicken, peppers, carrots, celery, onions, broccoli, cabbage on your choice of noodles or rice
served with teriyaki sauce

Vermicelli

\$ 14.95

grilled chicken, two spring rolls, lettuce, carrots, cucumber, green onion, rice noodles, hoisin sauce & spiced vinegar dip

NEW

Thai Chicken Bites

\$ 10.95

breaded chicken, Thai chili sauce, cucumbers, green onion, crispy noodles, sesame

Quesadilla

\$ 13.95

Pico de Gallo, cheese blend, served on a flour tortilla w/ salsa & sour cream
chicken, beef, or vegetarian

Roasted Tomato Soup

GF \$ 12.95

house-made roasted tomato soup served with a grilled cheese sandwich

Soup of the Day

\$ 6.95

house-made soup, made fresh daily
served with a house-made Brioche bun or crackers

NEW

Vegetable Spring Rolls

\$ 9.95

Cabbage, carrots, onion, sesame, Thai chili sauce, order of six with Thai chili sauce

Spring Rolls

\$ 9.95

ground pork, mixed vegetables, noodles
order of six with Thai chili sauce

Burgers & Main

served with fries, house salad, or soup
upgrade to Caesar salad, poutine, or truffle fries 2.50

Bread Choices:
White, Whole Wheat,
Rye, Sourdough

Classic Burger

\$ 12.95

house-made patty, lettuce, tomato, fresh onion, burger sauce on a house-made Brioche bun
add cheese, bacon, mushrooms 1.00
make it a double 2.00

Double Stack Bacon Cheeseburger

\$ 17.95

Two house-made patties, bacon, cheddar cheese, lettuce, tomato, onion, on a house-made brioche bun

Mushroom Swiss Burger

\$ 15.95

house-made patty, sauteed mushrooms & onions, Swiss cheese, garlic aioli on a house-made brioche bun

Chicken Burger

\$ 14.95

grilled, crispy or buffalo chicken breast, lettuce, tomato, mozza cheese with roasted garlic aioli on a house-made Brioche bun

Quinoa Mushroom Burger

\$ 12.95

house-made quinoa patty, lettuce, tomato, onion, Swiss cheese, garlic aioli on a house-made brioche bun

Chicken Caesar Wrap

\$ 12.95

romaine lettuce, Caesar dressing, parmesan cheese, bacon bits on flour tortilla
choice of grilled chicken or crispy buffalo chicken

Beef Dip

\$ 16.95

shaved roast beef, onion, mushrooms, horseradish aioli, Swiss cheese, au jus on toasted baguette

Fish Tacos

\$ 16.95

crispy haddock, avocado, shredded lettuce, green onion, spicy lime aioli, pico de gallo with lemon wedges

Fish & Chips

\$ 16.95

crispy haddock with house-cut french fries or choice of side
served with tartar sauce & a lemon wedge

Chicken Tenders

\$ 12.95

house breaded chicken served with your choice of dip

Club Sandwich

\$ 14.95

grilled chicken, ham, bacon, lettuce, tomato, cheese with pesto aioli

BLT Sandwich

\$ 10.95

bacon, lettuce, tomato with mayonnaise

NEW

Pulled Pork Sandwich

\$ 14.95

slow roast pork, BBQ sauce, coleslaw, on a brioche bun

Catering available

Visit our website for more information



All Day Breakfast

Bread Choices:
White, Whole Wheat, Rye, Sourdough

Classic two eggs any style, choice of ham, bacon or sausage, two pieces of toast served with cubed hash browns	\$ 13.95	*Omelette two eggs, cheese, ham, onions, peppers add extra veggies 0.25 each	\$ 10.95
Big Breakfast three eggs any style, two pieces of ham, two pieces bacon, two sausage patties, two pieces of toast served with cubed hash browns	\$ 16.95	*Veggie Omelette two eggs, tomato, green onion, mushrooms, mixed peppers, feta cheese	\$ 9.95
*Breakfast Sandwich fresh cracked egg, tomato slice, cheese, garlic aioli with your choice of sausage, bacon or ham on a house-made Brioche bun served with cubed hash browns add all the meats 2.50	\$ 9.95	Breakfast Poutine cubed hashbrowns, cheese curds, bacon, green onion, one egg sunny-side-up, covered in house-made gravy	\$ 8.95
<div>NEW</div> *Breakfast BLT bacon, lettuce, tomato, mayonnaise, avocado, fried egg, cheese blend, choice of bread served with Hashbrowns	\$ 11.95	*Breakfast Wrap fresh cracked egg, mixed pepper, onion, tomato, cheese blend, garlic aioli, soft tortilla with your choice of sausage, bacon or ham served with hash browns add all the meats 2.50	\$ 9.95

*\$2 less if ordered without hashbrowns

Dessert

Dessert variety may vary by day

Chocolate Cake	\$ 3.95	<div>NEW</div> Oreo Dirt Pie	\$ 4.50
Bread Pudding with Ice Cream	\$ 3.95	2 Scoops of Vanilla Ice Cream	\$ 2.95
Carrot Cake	\$ 3.95		

Sides

French Fries	\$ 3.95	Spring Rolls (4 piece)	\$ 6.95
Poutine	\$ 6.95	Vegetable Spring Rolls (4 piece)	\$ 6.95
Truffle Fries	\$ 6.95		

Drinks

Coffee fresh brewed bottomless from open to close	\$ 2.00	Canned Pop assorted flavours	\$ 2.00
Tea assorted selections	\$ 2.00	Juice Oasis: orange or apple	\$ 2.00

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